



Why do you see the splinter that's in your brother's or sister's eye, but don't notice the log in your own eye?

- Matthew 7:3 (CEB)

Changing what we can change is _____.

Changing things we can change _____.

God didn't give us a spirit that is timid - 2 Timothy 1:7a

Changing things we can change move us from

_____.

Reflection Questions:

- † Where has fear been holding you back from changing what you can control?
- † What does courage look like for you in this season of life?
- † How can you rely on the Spirit's power, love, and self-discipline this week?

Challenge

Take one faithful step this week where fear has held you back from changing what you can change, trusting that the Spirit who lives in you is stronger than the fear around you.

Daily Prayer

God of courage and grace, thank You for giving me a Spirit of power, love, and self-discipline. When fear rises, remind me that You are with me. Help me to act in faith, live with bold love, and change what I have the power to change. In Christ's name, Amen. .